## Why ride naked through Southampton?

The world naked bike ride is a worldwide environmental protest against the destructive elements of car culture and a celebration of the bicycle and the body. By cycling naked we show the vulnerability of cyclists on city streets. We aim to promote cycling as a sensible and fun means of transport and demand practical changes to make cycling a safer alternative to car travel.

Join us for the fifth annual Southampton ride as we celebrate the body and the bike, and enjoy the freedom of cycling past the city's land marks with less clothing than usual! See the website for full details: www.worldnakedbikeride.org/wiki/Southampton

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# Do I have to ride nude?

No, nudity is optional. Many ride nude, but others wear swimsuits, shorts or fancy dress. Why not get creative with body paint or decorate your bike? Some people disguise themselves with wigs or silly glasses. It's "go as bare as you dare!" You'll be in good company with people of all ages, shapes and sizes. The police have no problem with the ride and we get smiles and cheers from the public as we go past.

### How do I take part?

Assemble at 6pm on Friday 10 June on the Common, near the underpass, next to Highfield Road and Omdurman Road. The ride will set off at 6.30

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